

# The Waipā EXPERIENCE

The Waipa ahupua'a is a modern example of a living cultural RESOURCE dedicated to the restoration of the Halelea valley watershed. Projects supporting the revitalization of *lo'i kalo* (taro fields) & *loko i'a* (fish ponds), Hawaiian cultural and educational practices serve as the basis of its daily activities. Come visit Waipā and learn about the importance of *wahi pana* (sacred places), how Hawaiians managed resources, preserved a balanced community and were masters of understanding the importance of our relationship to the land.



## Ahupua'a EXPERIENCE

2½ hours  
\$65

Beginners' intro to the Hawaiian *ahupua'a*—an overview of the Waipa Foundation, its mission and function as a sustainable community resource, focusing on its ancient, self-sustaining land system. Also talks about the concept of *ola kino* by introducing medicinal herbs and their uses through *lā'au lapa'au*. Visitors will also gain hands-on experience with native species, plants and especially cultural practices.

## Lo'i Kalo EXPERIENCE

3 hours  
\$75

Intermediate tour that includes *pa'i ai*, or poi making in the traditional style, as well as the opportunity to participate in the *lo'i kalo* farming process. Visitors will learn the historical, spiritual and cultural significance which both the natural environment and agriculture play for Hawaiians within the *ahupua'a* system—as well as its 21<sup>st</sup> century application.

## Kumu EXPERIENCE

3 hours  
\$75

Advanced tour provides an in-depth look at the *ahupua'a* system, visiting historical sites and current projects both oceanside and within the inner valley of Waipā. A hike coupled with a reforestation planting project demonstrate the preservation of our pristine watersheds while providing panoramic views of the Halelea district and Hanalei Bay.

Each experience includes a lunch prepared by esteemed chef **Nalani Kaneakua** with locally-grown produce from Waipā.

 **Kupu a'e**.com  
— a kupu from the mountains —

waipa@kupuae.com  
808 651 7013